

# Power Jam (San Diego Version)

<b>Count: 24</b>	<b>Wall: 4</b>	<b>Level: Beginner</b>
------------------	----------------	------------------------

*Choreography: Kathi Stringer*

*Music: American Muscle by Canaan Smith*

## **SIDE POINT OUT, TOUCH IN, SIDE STEP, TOUCH - SIDE POINT OUT, TOUCH IN, SIDE STEP, TOUCH**

- 1-2 Point right toe out, touch right toe in next to left
- 3-4 Step right to right; touch left toe next to right
- 5-6 Point left toe out, touch left toe in next to right
- 7-8 Step left to left, touch right toe in next to left

## **HEEL, HEEL, TOE, TOE - HEEL/TOE, HEEL/TOE**

- 1-2 Tap right heel forward (X2) (or X1, hold)
- 3-4 Tap right toe back (X2) (or X1, hold)
- 5-6 Tap right heel forward, tap right toe back
- 7-8 Tap right heel forward, tap right toe back

## **STEP 1/4, SIDE POINT, CROSS, SIDE POINT - MODIFIED JAZZ BOX**

- 1-2 Step right foot forward making 1/4 turn right, point left toe to left
- 3-4 Cross left foot over right, point right toe to right
- 5-6-7-8 Right modified Jazz Box (cross right over left, step left back, step right together, heel bounce weight to left)

*Alternate 5-6-7-8:*

- 5-6-7-8 Right modified Jazz Box (cross right over left, step left back, step right foot together; scoot forward on both feet twice weight to left)

**RESTART**