

RIB TO MY HEART



Choreographed by Jef Camps & Roy Verdonk (March 2020)

Choreographed to "Rib To My Heart" by Joe Zambon (Acoustic!)

48 COUNTS – LOW ADVANCED LEVEL – 2 WALL		
Section 1	Prissy Walks, Weave, ¼ Hitch, Step Fwd, Prep, Full Turn, ¼ Sweep RF step fwd/slightly across LF LF step fwd/slightly across RF	
3a4a 5 6-7	RF cross over LF, LF step side, RF cross behind LF, LF step side RF cross over LF & hitch L-knee while making ½ turn on RF LF step fwd, RF step fwd	3:00
a8	½ turn R & LF step back, ½ turn R & RF step fwd & sweep LF fwd making ¼ turn on RF	6:00
Section 2	Cross, Syncopated Vine, Cross Rock/Recover, Ball, Cross, ¼ Back, ½ Spiral Turn, Step Fwd, Rock Fwd/Recover, Together	
1-2&a 3-4&a 5 6-7 8a	LF cross over RF, RF step side, LF cross behind RF, RF step side LF cross over RF, recover on RF, LF step side on ball of foot, RF cross over LF 1/4 turn R & LF step back & make another 1/2 turn R on LF with RF slightly hooked RF step forward, rock forward on LF Recover on RF, LF close next to RF	3:00
Section 3	Step Across/Kick, Cross, 3/4 Unwind Turn, Sweep, Behind-Side-Cross, Side, Drag, Together,	
1-2 3 4&a 5-6 &a7	Weave, Hitch, Behind, ¼ Fwd RF step forward slightly across L whilst kicking LF diagonally L-forward, LF cross over RF Make a ¾ turn R on LF while bending L-knee slightly & sweep RF back RF cross behind LF, LF step side, RF cross over LF LF big step side & drag RF towards LF, RF close next to LF LF cross over RF, RF step side, LF cross behind RF & hitch R	12:00
8a	RF cross behind LF, ¼ turn L & LF step forward	9:00
Section 4 1-2-3 4&a5 6a7-8	1/4 Side, Sways, Cross Mambo, Cross, Sweep, Weave, Sweep, Back, Hook 1/4 turn & RF step R while swaying R, sway L, sway R (weight ends on RF) LF cross over RF, recover on RF, LF step side, RF cross over LF & sweep LF forward LF cross over RF, RF step side, LF cross behind RF & sweep RF back, RF step back & hook LF	6:00
Section 5 1a2 a3a	Extended Weave Turning 3/4, Back Rock/Recover, Step Fwd, 3/4 Hinge, Twinkle 1/8 turn L & LF step forward, 1/4 turn L & RF step side, LF cross behind RF 1/4 turn L & RF step side, LF cross over RF, 1/8 turn L & RF step back Note: this is flowing like loving in a bow/half circle don't think too much about the directions while doing it as long as it's a nice bow and you and up at 9:00	1:30 9:00
4-5-6 a7 8&a	LF rock back, recover on RF, LF step forward ½ turn L & RF step back, ¼ turn L & LF step side RF cross over, LF step side, RF step (turn your body into R diagonal)	12:00
Section 6	1/8 Step Fwd, Hitch, Back, ¼ Together, Step Fwd, ½ Pivot, Full Turn, Sweep, Syncopated	
1-2a 3-4 a5 6&a 7-8a	Jazz Box Turning 1/8, Cross Rock/Recover, Ball 1/8 turn R & LF step forward while hitching R, RF step back, ¼ turn L & LF step next to RF RF step forward, make ½ turn L putting weight on LF ½ turn L & RF step back, ½ turn L & LF step forward & sweep RF forward RF cross over LF, 1/8 turn R & LF step back, RF step side LF cross over RF, recover on RF, LF step side on ball of foot	1:30 10:30 4:30 6:00
	EXTRA'S	
Sequence change	In wall 3 we skip the first two sections: You don't start wall 3 from the first section, you will have to make a ½ turn L on your last A-count of the dance in wall 2 and start dancing from section 3 facing 9:00!	
Tag 1-2 a3 4&a 5-6a	After this 'different' wall 3 we repeat the last 6 counts as a tag, happening at 12:00 1/8 turn L & RF step forward, make ½ turn L putting weight on LF ½ turn L & RF step back, ½ turn L & LF step forward & sweep RF forward RF cross over LF, 1/8 turn R & LF step back, RF step side LF cross over RF, recover on RF, LF step side on ball of foot	
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